

Wow, what an exciting summer Quest had! We explored the nature of greater Vancouver through multiple hikes, including the Grouse Grind and Lynn Canyon. We took advantage of the sun by building sand castles at Kits beach, playing volleyball at Crescent Beach, and biking along the Sea Wall. Not to mention the occasional ice cream cone to cool down.

Quest loved the water! Our favourite swimming pool was Canada Games Pool with their many diving boards. We not only swam, but tested out our water sports too. We went canoeing in Fort Langley, dragon boating in False Creek, and kayaking and stand-up paddle boarding in Deep Cove. The cool weather couldn't stop us from showing off our tricks on the paddle boards, including some handstands and 360°'s.

We experienced new activities such as the circus and archery tag. We played disc golf and tried Geocaching. We enjoyed some friendly competition with a scavenger hunt, diving board contests, and many football and ultimate games at the park.

Quest also had a positive impact on the community this summer. We donated placemats, blankets, and non-perishable foods to charities within the Greater Vancouver. We learned about the environment at the UBC farm and Richmond Nature Park. Finally, we participated in the Great Canadian Shoreline Clean-up by picking up garbage at Vanier Park.

Quest's summer was filled with adventure and new experiences. Each week we tried out a different activity, visited a new park or beach, and learned something different about the community. Thank you to all the Questers for bringing your energy and goofy laughs each day this summer! Have a wonderful school year!

Best Wishes,
Katie